



The Centre for Effective Practice (CEP) is one of the leading independent healthcare behaviour-change partners in Canada.

Social Prescribing: a Resource for Health Professionals

Social prescribing is a practical way for health professionals to address social determinants of health. It expands the options available in primary care and connects people to a wide range of non-clinical services in the community to improve their health and well-being. This resource is designed to support health professionals working in the primary care sector to implement social prescribing into their practice. It includes practical tips, talking points and tangible next steps to integrate social prescribing into their practice.

<https://tools.cep.health/tool/social-prescribing/>