## Parkinson's Seminar

## Meet John Pepp

who walked off his

as described by **Dr Norman Doidge** in the book "The Brain's Way of Healing"

Author of REVERSE PARKINSON'S DISEASE

## **Exercise is Medicine**

Discover the science of exercise and how to slow down your Parkinson's.

WEDNESDAY October 5th, 2016 6:30PM Seniors For Seniors Centre 311 Park Ave. E. Brandon, MB

**THURSDAY** October 6th, 2016 6:30PM Canadian Mennonite University 500 Shaftesbury Blvd Winnipeg, MB

October 7th, 2016 **FRIDAY** 6:30PM **Beau-Head Seniors Centre** 

645 Park Ave. Beausejour, MB **SATURDAY** 

6:30PM

October 8th, 2016

Aspen Park Recreation Centre Aspen Park, Gimli, MB

**RESERVATIONS ARE ESSENTIAL** 

mbpdtour@hotmail.com or (204) 642-8876 (Registration through e-transfer available)

Tickets: \$20 (Care Givers are Free) One on One sessions available (additional cost)

The man who walked off his Parkinsonian symptoms visits Canada!