



Manitoba Association of Senior Communities

GET CONNECTED - JOIN A CENTRE

WINNIPEG

20 Fort Street Seniors Club
2200-20 Fort Street / 204-250-8644

A&O Support Services for Older Adults Inc.
200 -207 Donald Street
204-956-6440 / Toll Free: 1-888-333-3121
info@aosupportservices.ca
www.aosupportservices.ca

Archwood 55 Plus
565 Guilbault Avenue / 204-416-1067
archwood55mail@gmail.com
www.archwood55plusinc.weebly.com

Bleak House Centre
1637 Main Street / 204-338-4723
bleakhousecentre@gmail.com
www.bleakhousecentre.com

Broadway Seniors Resource Centre
823 Ellice Ave. / 204-772-3533 /
www.bsrrc.ca

Brooklands Active Living Centre
1960 William Avenue W
204-632-8367 / bpscc@mymts.net

Centro Caboto Centre (Italian Seniors)
1055 Wilkes Avenue / 204-487-4597 ext. 30
info@cabotocentre.com / www.cabotocentre.com

Charleswood Active Living Centre
5006 Roblin Blvd / 204-897-5263
info@charleswoodseniorcentre.org
www.charleswoodseniorcentre.org

Creative Retirement Manitoba
204-481-5030
info@creativeretirement.ca
www.createretirementmanitoba.ca

Crescent Fort Rouge United Church 55+
525 Wardlaw Ave. / 204-489-1925
www.crescentfortrouge.ca

Dakota Community Centre
1188 Dakota Street / 204-254-1010 ext. 217
melissal@dakotacc.com / www.dakotacc.com

Dufferin Senior Citizens Inc.
377 Dufferin Avenue / 204-986-2608

Elmwood East Kildonan Active Living Centre
180 Poplar Avenue / 204-669-0750
poplarseniors@live.com / www.eekactiv.com

Fort Garry Seniors Resource Council
200 - 270 Donald Street / 204-792-1913
fortgarry@aosupportservices.ca
www.aosupportservices.ca/resources/
seniors-resource-finders

Good Neighbours Active Living Centre
720 Henderson Hwy / 204-669-1710
admin@gnalc.ca / www.gnalc.ca

Gwen Sectar Creative Living Centre
1588 Main Street / 204-339-1701
becky@gwensecter.com
www.gwensecter.com

Headingley Senior Services
5353 Portage Avenue / 204-889-3132 ext. 3
hdlyseniorservices@mymts.net
www.headingleyseniorsservices.ca

Indigenous Senior Resource Centre Inc.
527 Selkirk Avenue / 204-586-4595
executivedirector@isrcwpg.ca
www.asrcwpg.ca

Manitoba Korean 55+ Centre
900-150 River Avenue
204-996-7003 / www.ksam.ca

**North Centennial Seniors Association
of Winnipeg Inc.**
86 Sinclair Street / 204-582-0066
ncsc@shaw.ca / www.ncseniors.ca

North Point Douglas Senior Centre
244 Jarvis Avenue

Pembina Active Living (55+)
170 Fleetwood Rd. / 204-946-0839
office@pal55plus.com / www.pal55plus.ca

Rady Jewish Community Centre
123 Doncaster Street / 204-477-7539
lmarjovsky@radyjcc.com / www.radyjcc.com

Rainbow Resource Centre
170 Scott Street / 204-474-0212 ext 211
OTR@rainbowresourcecentre.org
www.rainbowresourcecentre.org

**The Salvation Army Barbara Mitchell Family
Resource Centre**
51 Morrow Avenue
204-946-9153 / sheila.keys@salvationarmy.ca

South Winnipeg Seniors Resource Council
117-1 Morley Ave / 204-478-6169
resources@swwsrc.ca / www.swwsrc.ca

Southdale Seniors
254 Lakewood Boulevard
204-253-4599 / www.southdale.ca

Sri Lankan Seniors Manitoba
113 Stan Bailie Drive
204-888-8253 / www.srilankanseniorsmb.ca

St. James-Assiniboia 55+ Centre
3-203 Duffield Street
204-987-8850 / info@stjamescentre.com
www.stjamescentre.com

St. Mary's Rd. Seniors
613 St. Mary's Rd., Winnipeg
204-257-0678 / www.stmarysroad.ca

Transcona Council for Seniors
845 Regent Ave / 204- 222-9879
tcs@mymts.net / www.transconaseniors.ca

Transcona Retired Citizens Org.
328 Whittier Ave. West
204-222-8473 / trco328@shaw.ca

Vital Seniors
3 St Vital Road / 204-253-0555
stmary@mymts.net / www.stmarymagdelenewpg.org

Winnipeg Chinese Senior Association
204-291-7798 / wcsa.wpg@hotmail.com
www.winnipegchineseseniors.ca

BEYOND WINNIPEG

BEAUSEJOUR

Beau-head Senior Centre
645 Park Avenue
204-268-2444 / beauhead@mymts.net

BRANDON

Brandon Seniors for Seniors Co-op
311 Park Avenue E / 204-571-2052
executivedir.sfor@wcgwave.ca
www.brandons4s.ca

CARMAN

Carman Active Living Centre
47 Ed Belfour Drive / 204-745-2356
www.activelivingcentrecarman.ca

CRANBERRY PORTAGE

**Jubilee Recreation of Cranberry Portage
Legion Hall**
217 2nd Ave. SE / 204-472-3031

CRYSTAL CITY

Crystal City & District Friendship Club Inc.
117 Broadway St. / 204-873-2091

DAUPHIN

Dauphin Active Living Centre Inc.
55 1st Avenue SE
204-638-6485 / www.dauphinseniors.com

ERICKSON

Comfort Drop In Centre
31 Main Street
204-636-7895 / areas@mymts.net

FLIN FLON

Flin Flon Seniors
2 North Avenue / 204-687-7301

GILBERT PLAINS

**Gilbert Plains and District Community
Resource Council Inc.**
PO Box 567 / 204-548 4131 / gpdcrc@mymts.net
www.gpdcrc-newhorizons.wix.com/gpdcrc

GIMLI

Gimli New Horizons 55 Plus
17 North Colonization Road
204-642-7909 / gimli55@mts.net
www.gimlinewhorizons.com

GRAND MARAIS

Grand Marais & District Seniors
36058 PTH 12
204-770-6124 / gmdseniors@gmail.com

GRANDVIEW

Grandview Seniors Drop In
432 Main Street / 204-546-2272

HAMIOTA

**Hamiota 55+ Centre & Restore
Community Co-op Inc.**
44 Maple Avenue / 204-764-2658

KILLARNEY

Killarney Service for Seniors
203 South Railway / 204-523-7115
wanderson@killarney.ca

MANITOU

Pembina Community Resource Council
315 Main Street
204-242-2241 / peminacrc@gmail.com

MINNEDOSA

Minnedosa Senior Citizens Assoc.
31 Main Street S
204-867-1956 / mdsasca@gmail.com

MORDEN

Morden Activity Centre
306 N Railway Street / 204-822-3555
mordenactivitycentre@gmail.com
www.mordenseniors.ca

NEEPAWA

Neepawa Drop In Centre
310 Davidson Street / 204-476-5103
www.neepawa.ca/district-drop-in-center

PILOT MOUND

Pilot Mound Fellowship Centre
203 Broadway Avenue / 204-825-2436

PLUMAS

Plumas Seniors Citizens Club Inc.
102 White Street / 204-386-2029

PORTAGE LA PRAIRIE

Herman Prior Senior Services Centre
40 Royal Road N / 204-857-6951
hermanpriorcentre@gmail.com
www.hermanprior.com

Portage Service for Seniors

40A Royal Road N. / 204-239-6312
https://portageservicefors.wixsite.com/psfs

RIVERTON

Riverton Seniors Activity Centre
12 Main Street / 204-378-2800
rdrc@mymts.net / www.rivertonfc.com

SANDY LAKE

Sandy Lake Drop In Centre
100 Main St. / 204-585-2411

**Municipality of Harrison Park -
Age Friendly Initiative Committee**
204-585-5310

SELKIRK

Gordon Howard Centre
384 Eveline Street / 204-785-2092
executivedirector@gordonhoward.ca
www.gordonhoward.ca

SNOW LAKE

Snow Lake Senior Centre
71 Balsam Street
204-358-2151 / snowsrs@mymts.net

STEINBACH

Pat Porter Active Living Centre
10 Chrysler Gate / 204-320-4600
ed@patporteralc.com / www.patporteralc.com

STONEWALL

South Interlake 55 Plus
374 1st Street West - Oddfellows Hall
204-467-2582 / si55plus@mymts.net
www.si55plus.org

SWAN RIVER

**Swan River & District Community
Resource Council**
126 6th Ave N / 204-734-5707
resourcecouncil@srseniorservices.com

THE PAS

The Pas Golden Agers
324 Ross Avenue
204-623-3663 / djdlake@mymts.net

THOMPSON

**Thompson Seniors Community Resource
Council Inc.**
4 Nelson Rd. / 204-677-0987
thompsonsensiors55@gmail.com

TREHERNE

Treherne Friendship Centre
190 Broadway St
204-723-2559 / jstate1066@gmail.com

VICTORIA BEACH

East Beaches Social Scene
3 Ateah Road / 204-756-6468
ssinc1@mts.net / www.ebseniorscene.ca

East Beaches Resource Centre
Traverse Bay / 204-756-6471
ebresourcec@mymts.net
www.ebresourcec.weebly.com

WINKLER

Winkler & District MP Senior Centre
102-650 South Railway Avenue
204-325-8964 / office@winklerseniorcentre.com
www.winklerseniorcentre.com

*Get Connected -
Join a Centre*

www.manitobaseniorcentres.com